



Matrix of Programs by Diagnosis and Age – Updated 5/17/2017

	Ages 0-5	Ages 6-11	Ages 12+
Anxiety	<p>1s</p> <p>Trauma-Focused Cognitive-Behavioral Therapy (TF-CBT)</p>	<p>1s</p> <p>Coping Cat</p> <p>Trauma-Focused Cognitive-Behavioral Therapy (TF-CBT)</p> <p>2s</p> <p>Building Confidence</p> <p>3s</p> <p>Cognitive Behavioral Intervention for Trauma in Schools (CBITS)</p> <p>Cool Kids</p> <p>Cool Kids Outreach Program</p> <p>Mindfulness-Based Cognitive Therapy for Children (MBCT-C)</p> <p>Social Effectiveness Therapy for Children (SET-C)</p>	<p>1s</p> <p>Coping Cat</p> <p>Prolonged Exposure Therapy for Adolescents (PE-A)</p> <p>Trauma-Focused Cognitive-Behavioral Therapy (TF-CBT)</p> <p>2s</p> <p>3s</p> <p>C.A.T. Project</p> <p>Cognitive Behavioral Intervention for Trauma in Schools (CBITS)</p> <p>Cool Kids</p> <p>Cool Kids Outreach Program</p> <p>Mindfulness-Based Cognitive Therapy for Children (MBCT-C)</p>

			Social Effectiveness Therapy for Children (SET-C)
Attachment	1s 2s 3s Dyadic Developmental Psychotherapy (DDP)	1s 2s 3s Dyadic Developmental Psychotherapy (DDP)	1s 2s 3s Dyadic Developmental Psychotherapy (DDP)
Bipolar	1s 2s 3s	1s 2s Family-Focused Treatment for Adolescents (FFT-A) Multi-Family Psychoeducational Psychotherapy (MF-PEP)	1s 2s Family-Focused Treatment for Adolescents (FFT-A) Multi-Family Psychoeducational Psychotherapy (MF-PEP)
Depression	1s 2s	1s 2s Primary and Secondary Control Enhancement Training (PASCET) (ages 8+)	1s 2s Interpersonal Psychotherapy-Adolescent Skills Training (IPT-AST)

	3s	3s ACTION Stressbusters	Primary and Secondary Control Enhancement Training (PASCET) 3s ACTION Adolescent Coping With Depression Course (CWD-A) Interpersonal Psychotherapy for Depressed Adolescents (IPT-A) Mentalization-Based Treatment for Adolescents (MBT-A) Stressbusters
Disruptive	1s Incredible Years, The (IY) Parent-Child Interaction Therapy (PCIT) Parent Management Training – Oregon Model (PMTO) Promoting Alternative Thinking Strategies (PATHS) Triple P - Positive Parenting Program® - Level 4 (Level 4 Triple P)	1s Coping Power Program Incredible Years, The (IY) Multidimensional Treatment Foster Care - Adolescents (MTFC-A) Parent-Child Interaction Therapy (PCIT) Parent Management Training – Oregon Model (PMTO) Problem Solving Skills Training (PSST) Promoting Alternative Thinking Strategies (PATHS)	1s Coping Power Program Multidimensional Treatment Foster Care - Adolescents (MTFC-A) Multisystemic Therapy (MST) Parent Management Training – Oregon Model (PMTO) Problem Solving Skills Training (PSST) Promoting Alternative Thinking Strategies (PATHS) Treatment Foster Care Oregon – Adolescents (TFCO-A)

	<p>2s Multidimensional Treatment Foster Care for Preschoolers (MTFC-P)</p> <p>Treatment Foster Care Oregon for Preschoolers (TFCO-P)</p> <p>Tuning in to Kids (TIK)</p> <p>3s Defiant Children: A Clinician's Manual for Assessment and Parent Training</p> <p>Families First</p> <p>Helping the Noncompliant Child (HNC)</p> <p>I Can Problem Solve (ICPS)</p>	<p>Triple P - Positive Parenting Program® - Level 4 (Level 4 Triple P)</p> <p>2s Community Parent Education Program (COPE)</p> <p>Functional Family Therapy (FFT)</p> <p>Multidimensional Treatment Foster Care for Preschoolers (MTFC-P)</p> <p>Parenting with Love and Limits (PLL)</p> <p>Treatment Foster Care Oregon for Preschoolers (TFCO-P)</p> <p>Tuning in to Kids (TIK)</p> <p>3s Defiant Children: A Clinician's Manual for Assessment and Parent Training</p> <p>Families First</p> <p>Helping the Noncompliant Child (HNC)</p> <p>I Can Problem Solve (ICPS)</p> <p>Parenting Wisely</p>	<p>Triple P - Positive Parenting Program® - Level 4 (Level 4 Triple P)</p> <p>2s Functional Family Therapy (FFT)</p> <p>Parenting with Love and Limits (PLL)</p> <p>Tuning in to Kids (TIK)</p> <p>3s Aggression Replacement Training® (ART®)</p> <p>Defiant Children: A Clinician's Manual for Assessment and Parent Training</p> <p>Families First</p> <p>I Can Problem Solve (ICPS)</p> <p>Parenting Wisely</p>
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<p>Infant and Toddler Programs</p>	<p>1s Attachment and Biobehavioral Catch-up (ABC)</p> <p>2s Child-Parent Psychotherapy (CPP)</p> <p>3s Circle of Security-Home Visiting-4 (COS-HV4)</p> <p>Mellow Babies</p> <p>Promoting First Relationships</p> <p>Theraplay</p> <p>Watch, Wait, and Wonder (WWW)</p>		
<p>Trauma Treatment</p>	<p>1s Eye Movement Desensitization and Reprocessing for Children and Adolescents (EMDR)</p> <p>Trauma-Focused Cognitive-Behavioral Therapy (TF-CBT)</p>	<p>1s Eye Movement Desensitization and Reprocessing for Children and Adolescents (EMDR)</p> <p>Trauma-Focused Cognitive-Behavioral Therapy (TF-CBT)</p>	<p>1s Eye Movement Desensitization and Reprocessing for Children and Adolescents (EMDR)</p> <p>Prolonged Exposure Therapy for Adolescents (PE-A)</p> <p>Trauma-Focused Cognitive-Behavioral Therapy (TF-CBT)</p>

	<p>2s Child-Parent Psychotherapy (CPP)</p> <p>3s Alternatives for Families: A Cognitive-Behavioral Therapy (AF-CBT)</p> <p>Bounce Back</p> <p>Combined Parent-Child Cognitive-Behavioral Therapy (CPC-CBT)</p> <p>KIDNET</p> <p>Preschool PTSD Treatment (PPT)</p> <p>Stepped Care TF-CBT</p>	<p>2s</p> <p>3s Alternatives for Families: A Cognitive-Behavioral Therapy (AF-CBT)</p> <p>Bounce Back</p> <p>Child and Family Traumatic Stress Intervention (CFTSI)</p> <p>Cognitive Behavioral Intervention for Trauma in Schools (CBITS)</p> <p>Combined Parent-Child Cognitive-Behavioral Therapy (CPC-CBT)</p> <p>Cue-Centered Treatment (CCT)</p> <p>Grief and Trauma Intervention (GTI) for Children</p> <p>Preschool PTSD Treatment (PPT)</p> <p>Trauma Affect Regulation: Guide for Education and Therapy for Adolescents (TARGET)</p> <p>Trauma-Focused Coping (TFC)</p>	<p>2s</p> <p>3s Alternatives for Families: A Cognitive-Behavioral Therapy (AF-CBT)</p> <p>Bounce Back</p> <p>Child and Family Traumatic Stress Intervention (CFTSI)</p> <p>Cognitive Behavioral Intervention for Trauma in Schools (CBITS)</p> <p>Combined Parent-Child Cognitive-Behavioral Therapy (CPC-CBT)</p> <p>Cue-Centered Treatment (CCT)</p> <p>Fairy Tale Model (Treating Problem Behaviors: A Trauma-Informed Approach)</p> <p>Grief and Trauma Intervention (GTI) for Children</p> <p>Risk Reduction through Family Therapy (RRFT)</p> <p>Sanctuary Model</p>
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			<p>Seeking Safety [Substance Abuse Treatment (Adolescent) and Trauma Treatment - Client-Level Interventions (Child & Adolescent)]</p> <p>SITCAP-ART</p> <p>Trauma Affect Regulation: Guide for Education and Therapy for Adolescents (TARGET)</p> <p>Trauma-Focused Coping (TFC)</p> <p>Trauma-Grief Component Therapy for Adolescents (TGCT-A)</p>
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